

New Classes opening:

Date:

Beginner Class time:

Time:

Uechi-ryu Karate

Fall Karate Classes

Fall Karate Classes - Registration now open!

Sign-up now for Uechi-ryu Karate classes; study traditional Martial arts in a safe, friendly and courteous atmosphere.

Only:

per month



Explore the intense style of Uechi-ryu Karate; a Chinese-Okinawan system of self protection. All classes taught at:

Space is very limited, call early to ensure a spot!
****Please wear jogging pants, t-shirt for first class.**

**For more information
Contact Instructor at :**

Program outline:

- ◆ Practical self-defense
- ◆ Traditional Okinawan Martial art
- ◆ Physical fitness
- ◆ Instills confidence
- ◆ Hand-eye coordination

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